“You Say”

by: Savannah Shettle

Good day. My name is Savannah Shettle. Most people might have heard of the song writer and artist Lauren Daigle. One of her songs in particular is a song called “You Say”. In the song, Daigle sings about how she feels about herself and about how people make her feel. She sings that she is weak, not strong and not enough.

In real life we might feel that way too. For example, someone might tell you that you don’t belong with their group, or you can't be a part of their conversation. In the song Daigle sings, “Every single lie that tells me I will never measure up.” People might also say you are weak in some ways. People can tell you things that are untrue and unkind to you. Sometimes they might just hurt your feelings. Sometimes we need to be reminded of who we are and how much we are loved.

In the end of the song Daigle sings that she doesn’t believe that, and you shouldn’t either. You are the person that decides who you are and who you will become. It doesn’t matter what anyone says or how they may make you feel. When people say things behind my back or they make fun of me, I don’t let it bother me. You shouldn't let it bother you either. If you listen to the song, you can hear that Lauren Daigle thinks the same.

In the end of the song Daigle sings “Taking all I have and now I'm laying it at your feet” to God. Your relationship with God and God alone is what matters. How he makes you feel is most important. If you get upset from someone saying something not true about you, you can turn to God for answers. So, like Lauren Daigle, you should never doubt your worth in any way. Go to God for your troubles. God is always with you in every step of your life. You and God choose which way your life should go. You can be the bigger person in life by choosing to be kind to others. Other people don’t have the choice to make you sad. Just keep going and never let someone bring you down.

No matter how upset or angry you might feel, look to God for answers. You might feel weak, or like you don’t belong. You might not feel loved or strong. But you are! Thank you for reading to my article. You say, I say, God says you are enough.